

**MODEL: MINI-PRO** 



# **SPECIFICATIONS**

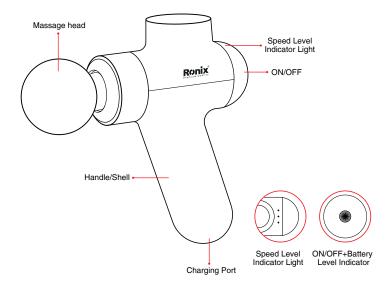
Model	8855		
Battery	Li-ion battery/2600mAh		
Motor type	Brushless Electric Machine		
Motor Speed	MAX: 3200RPM		
Speed Mode	4 Level Adjustable		
Speed	1st Speed: 2000RPM 2nd Speed: 2600RPM 3rd Speed: 3200RPM 4th Speed: 2000-3200 RPM Circulation		
Amplitude	8mm		
Noise level	60db		
Charge time	1.5ACharge: 4.6H		
Run time	1level: 7H 2level: 6H 3level: 4H 4level: 6H		



Head(type/application)	1: U-shaped massage head 2: Flat massage head 3: Cone massage head 4: Round circular massage head
Supplied in	Handbag
Include	1- Charger+type C cable 2- 4 Massage Heads 3- Manual



# **PART LIST**





- 1- Speed- Level Indicator Light: From Left to Right (1-4 level), the fourth speed is cyclic, switching from 3200 to 2000 to 3200, and the lights go on in cycles from the first speed to the third speed.
- 2- Battery -Level Indicator: Green light on- 61%-100% of power; Orange light on -31%-60% of power; Red light on -2%-30% of power; Red light flash-Less than 1% please charge asap
- 3- Button: Long press for 2 seconds to Start/Stop the device, short press to adjust the speed level from level 1 to level 4.
- 4- Function of plastic cover: convince to clean, away from dust.

### SAFETY

#### **■IMPORTANT SAFEGUARDS**

To reduce the risk of malfunction, electric shock, injury, fire, death, and equipment damage, please read all instructions and warnings on this product in this manual before using this product

#### PROHIBITED

- 1- It is forbidden for minors to use. If injured, it is forbidden to use this equipment and please consult your doctor before using this device.
- 2- Do not use it by or near children. Do not use this product and accessories as toys
- 3- It is forbidden to use on non-dry, clean skin surface. It can be used across the clothes and gently pressed and moved on the skin for about 60 seconds.
- 4- Do not use above the neck or any hard or boned part of the body, or sensitive



areas. Use the product only on the soft tissues of the body without causing pain or discomfort

- 5- Do not massage areas that are bruised or on open wounds, stop use if you have any signs of abnormal pain or discomfort.
- 6- Do not place any objects on the vents of the product.
- 7- Do not immerse in water or allow water to enter the vents of the product.
- 8- Do not drop or close the product to fire source.
- 9- Do not drop or improperly use the product.
- 10- Do not use a non-DC 26 volt charger to charge this product.
- 11- Do not disassemble the screws or attempt to disassemble the equipment and modify the fascia gun in any way.
- 12- Do not allow your fingers, hair, or other parts of your body to get close to the shaft and back of the vibrating head as they may get caught.



Do not touch this area when the device is running without massage head installed



Do not touch this area when the device is running.





# **▲ WARNINGS AND REMINDERS**

- 1- Keep away from liquids or heat sources. Keep the vents free of dust and debris
- 2- After charging is complete, remove the charger from the battery.
- 3- Please mind that the device can not be used when charging.
- 4- Please use the device according to the instructions for use.
- 5- Carefully inspect the equipment before each use.
- 6- In order to ensure that the product can be used continuously, please charge the product in time to ensure that the product is always powered, and prevent the product from being unable to turn on due to lack of power.



# **A IMPORTANT**

If you want to use it in any of the following situations, you should not use a fascial massage gun without your doctor's consent.

Pregnancy, complications of diabetes (such as neuropathy or retinal damage), wearing a pacemaker, recent surgery, epilepsy or migraine, disc herniation, advancement of the spine, vertebral detachment, or rigid joints of the spine, recent ioints Replacement surgery or IUD, metal needle or steel plate any problems related to your health. These contraindications do not mean that you are not able to use vibration equipment or training equipment, we recommend that you consult a doctor before use

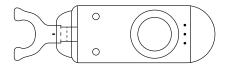
The ongoing research is about the impact of vibration training on specific medical conditions. This is likely to reduce the types of contraindications mentioned above.



Practical experience has shown that in many cases, the integration of vibration training into a treatment regimen is also a therapeutic recommendation. This must be done with or with the advice of a doctor, expert or physical therapist.

### **ASSEMBLE GUIDE**

Insert/Pull the head into the hole of black connector, rotate it at the same time until it cannot go in/out.



#### CHARGING

- 1- Fully Charge the battery for six hours before first use.
- 2- When the battery indicator light on the product flashes regularly, it means it is charging.
- 3- Please do not start the device when charging.
- 4- When the red-light flashing, power less than 1%; When the red light is on, the remaining power is 2%~30%; When the orange light is on, the remaining power is 31%~60%; When the green light is on, the remaining power is 61%~100%. (Device can run about 4 hours, the running time is based on



different speed level and pressure).

5- The battery is exhausted to less than 1% (the red-light flashes) and needs to be recharged.

# **ACCESSORIES LISTING**



### OPERATING INSTRUCTION

1- Press and hold the ON/OFF Switch to turn the device to the level 1 speed. Each press of the button will increase one level until the level 4 speed. Press the button at level 4 to enter the standby mode (level 0), level 4 to level 0. Press and hold again for 3 seconds to turn the device to level 1, and so on.

2- Under any speed level, press and hold can close the device Breathing light



#### flashing.

- 3- The device will stop running after 10 minutes of continuous use for intelligent protection. Restart again if you use it again after the device shut down
- 4- This is a abnormal operation protection function setting, from running to standby mode, short press the button to restart, it's normal situation.

# MAINTENANCE, CLEANING, STORAGE & TRANSPORTATION

- 1- Use a slightly damp towel to clean device and a dry with a soft cloth.
- 2- For storage or travel, store the device in supplied portable bag.
- 3- Store in a dry, well-ventilated with no corrosive gas place, no less than 250mm from the ground, and no more than 5 stacked layers.
- 4- if not been used for a long time, the device should be cleaned then packaged in storage, and charged every one month.
- 5- This product is suitable for automobile, train, ship and airplane transportation.
- 6- This product should be fixed in transportation to prevent violent vibration, collision, tumbling and falling, and should be put upward, put down gently and avoid wet or damp areas.

#### ENVIRONMENTAL PROTECTION

At the end of the service life of this product, please do not throw it away with general household waste. Put this product in the designated recycling station of



the government. You can also send this product back to the after-sales service center of the factory. The personnel of the service center will handle it with environmentally friendly way.

# **ENVIRONMENTAL PROTECTION PERIOD DESCRIPTION**

This electronic and electrical appliance being used under the conditions of this manual, the harmful substances or elements contained therein are not leaked, and the period of time that does not cause pollution to the environment or cause serious damage to people and property is 10 years.



# **USAGE**







# **U-Shaped**

Suitable for massage neck, spine and achilles tendon



#### Round

Suitable for massage arms, waist back, buttocks, large big muscles like legs and legs



#### Cone

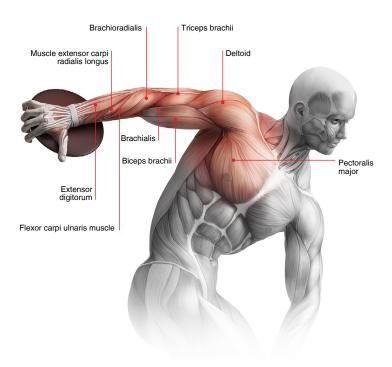
For impact deep organization such as palmar and plantar meridians



### Flat

Suitable for massage body muscles shaping of parts



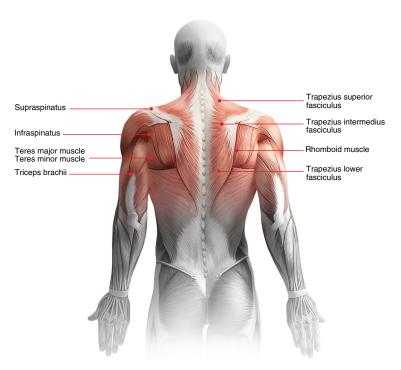




# Arm

Brachioradialis	10-15s × 3 times
Flexor Carpi Radialis	10-15s × 3 times
Palmaris Longusmuscle	12-15s × 3 times
Flexor Carpi Ulnaris Muscle	$10-15s \times 3$ times
Extensor Digitorum	05-10s × 2 times
Muscle Extensor Carpi Radialis Longus	05-10s × 2 times
Muscle Extensor Carpi Radialis Brevis	05-10s × 2 times
Biceps Brachii	12-20s × 3 times
BrachiaLis	12-20s × 3 times
Deltoid	12-20s × 3 times
Pectoralis Major	12-20s × 3 times



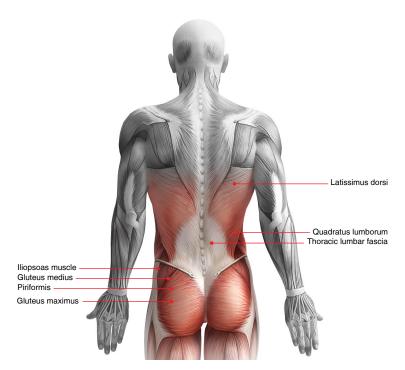




# Shoulder

Triceps Braclii	15-20s × 3 times
Rhomboid Muscle	20-30s × 3 times
Trapezius Superior Fasciculus	15-20s × 3 times
Trapezius Intermedius Fasciculus	15-20s × 3 times
Trapezius Lower Fasciculus	15-20s × 2 times
Supraspinatus	10-15s × 2 times
Levator Scapulae Muscle	10-12s × 2 times
Teres Major Muscle	10-12s × 3 times
Teres Minor Muscle	10-12s × 3 times
Infraspinatus	10-12s × 3 times
Tips: Massage the muscles from middle to sides, from top to bottom. erectorspinae (lumbarsegments)	30-60s × 3 times
latissimus Dorsi	30-60s × 3 times







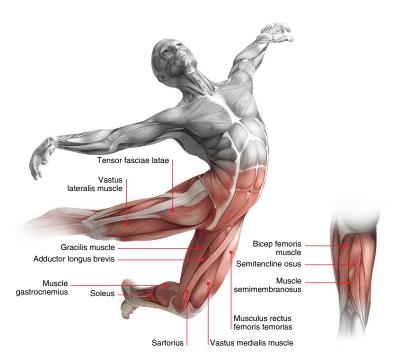
# Waist

Thoracic Lumbar Fascia	40-60s × 3 times
Psoas Major	30-60s × 3 times
Internal and External Oblique Muscle	10-15s × 2 times
Erector Spinae (Thoracic Segments)	15-20s × 2 times
Quadratus Lumborum	20-30s × 2 times
Iliopsoas Muscle	20-30s × 2 times
Gluteus Maximus	30-60s × 3 times
Gluteus Medius	30-60s × 3 times
Piriformis	60-90s × 3 times



Massage the muscles from middle to sides, from top to bottom. Can follow the muscle direction on large muscle groups.



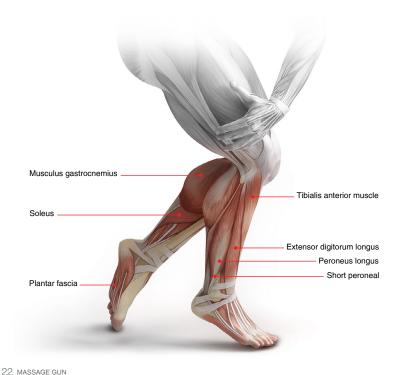




# Leg

Biceps Femoris Muscle	20-30s × 3 times
Semitendinosusi	20-30s × 3 times
Muscle Semimembranosus	20-30s × 3 times
Gracilis	10-15s × 3 times
Muscle Adductor Brevis	10-15s × 2 times
Muscle Adductor Longus	10-15s × 2 times
Muscle Rectus Femoris Temoriss	30-45s × 2 times
Vastuse Lateralis Muscle	30-45s × 2 times
Vastuse Medialis Muscle	30-45s × 2 times
Sartorius	30-45s × 3 times







# Foot

Muscles gastrocnemius	20-30s × 3 times
Soleus	20-30s × 3 times
Tibialis anterior muscle	15-20s × 3 times
Peroneuslongus	15-20s × 3 times
Short peroneal	15-20s × 2 times
Plantar fascia	20-30s × 2 times



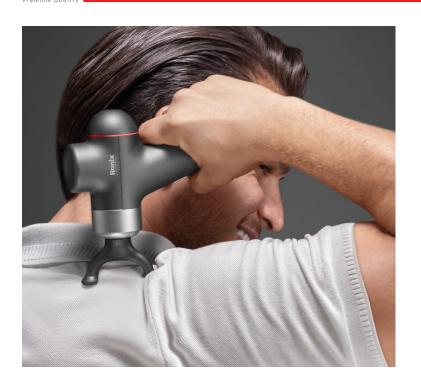
Massage Gun Operational Troubleshooting		
Fault Description	Fault Exclude	
1- The massage head slides out and drops	Please check that the massage head is installed in place. (See instruction for detailed operation on 5th page)	
2- Device unable to start	Please check if the battery is adequate or not. (Please charge over 8 hours if the device is not been used for a long time)	
3- Device unable to charge	<ol> <li>Please check whether the charging port and power supply are plugged in.</li> <li>Check whether the voltage and current of the charging head are matched the product requirements.</li> </ol>	
4- The device suddenly stop after running for 10 minutes	This is a long-time running protection function setting, from running to standby mode, short press the button to restart, and it's a normal situation. (See instructions for detailed operation on the 8th page.)	
5- The massage head stops running after the external force	This is an abnormal operation protection function setting, from running to standby mode, short press the button to restart, it's a normal situation. (See instructions for detailed operation on 8th page)	



Reasonable use of the product can effectively extend the service life, Suggestion:

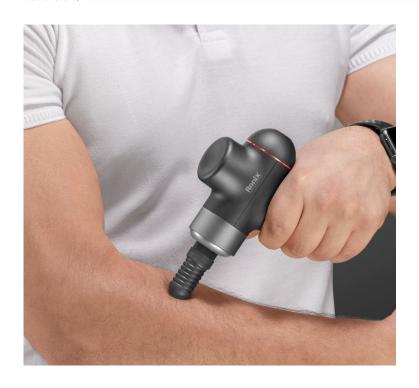
- 1- Do not throw or drop when using.
- 2- The maximum continuous use time is not more than 30 minutes, The maximum continuous use time should not exceed 30 minutes. Keep away from a damp environment when using or storing.
- 3- If you don't use it for a long time, please charge the product once every 1 month to ensure that the product is always powered.

# Ronix Premfum Quality

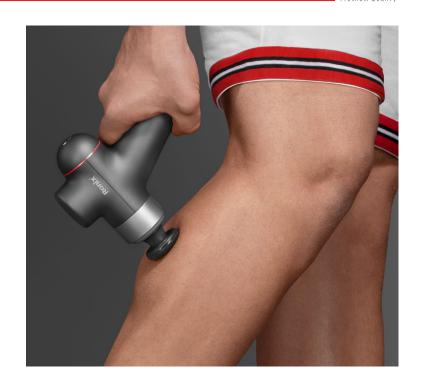


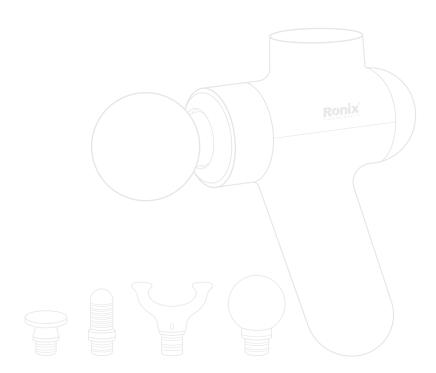
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